

# The Possible Regenerative Capability of Harmine on Diabetic Pancreas Experimentally Induced by Streptozotocin in Adult Male Rats

Original  
Article

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## ABSTRACT

**Introduction:** A significant global public health issue is diabetes. By repairing, maintaining, or increasing the original tissue function, regenerative medicine aims to lessen the patients' suffering. Due to their ability to multitask, herbal medicines are gaining attractiveness in traditional medicine.

**Aim to the Work:** To study the possible regenerative capacity of Harmine on diabetic pancreas experimentally induced by streptozotocin in adult male rats.

**Material and Methods:** Thirty adult albino rats divided equally into three groups. Control group (group I). Diabetic group (group II): rats were nurtured a fat excessive diet pro three weeks prior to a single intraperitoneal dose of freshly supplied STZ (40 mg/kg). Diabetic+ harmine group (group III): rats treated as group II and on day eight after the onset of diabetes, harmine was given in a dose 6.5 mg/kg over the course 28 daylight in a gavage approach. Paraffin sections were practiced for H&E and Immunohistochemical study.

**Results:** The pancreatic islets histology of the diabetic group concealed marked distortion alongside cellular vacuolations and nuclear pyknosis. Consequently confirmed immunohistochemically by significant increase ( $p>0.01$ ) in caspase-3 and significant decrease ( $p>0.01$ ) in insulin, Ki67 and HSP70 immunoeexpression. The pancreatic islets of diabetic rats given harmine for four weeks displayed reduced degenerative structure, greater islets mass, and fewer vacuolated cells. Immunohistochemical beta cell indicators, such as a statistically significant decrease ( $p>0.01$ ) in caspase-3 immunoeexpression and a significant increase ( $p>0.01$ ) in insulin, Ki67, and HSP70 immunoeexpression compared to group II, served as proof of this.

**Conclusion:** Harmine is proficient pro beta cell proijeration, expansion of islet build and recover glycemic check. These findings implying harmine analogs possibly will partake unique therapeutic potential for the medication of human diabetes.

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**Key Words:** Diabetic pancreas, harmine, streptozotocin.

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## INTRODUCTION

Diabetes mellitus (DM) is all times more prevalent and continues to be a leading health inconvenience worldwide. With consistent intensifies mortality owing to various diabetic complications, for instance coronary heart disease, loss of sight, nephropathy and neurodegeneration. Henceforward, there is a need to acquire solutions for diabetes, especially in unfledged regions<sup>[1]</sup>.

The diminution in  $\beta$  cell vaibility has motivated trials to supersede foregoing  $\beta$  cells by whole pancreas transplant. The transplanted pancreatic islets were either segregated from organ givers or gained from stem cells. Each of these approaches has constructed important progress upon the past 2 era. In spite of that, billions of type1DM and

type2DM patients not satisfied to these methodologies for motives of cost and givers organ availability<sup>[2]</sup> Notably, countless experiments allow suggestion of lesser vaibility of residual  $\beta$  -cells maintained in diabetic patient's pancreas<sup>[3]</sup>. These considerations have emboldened that, searches intended for pharmacologic approaches for induction of  $\beta$  cells regeneration moreover redifferentiation for diabetic populates<sup>[4]</sup>.

A promising medicine strategy for the retrieval of glucose balance with diabetes was B-cell mass refurbishment, through the initiation of remaining endogenous B-cells proliferation<sup>[5]</sup> That's why, replacing, repairing, or regenerating insulin-producing pancreatic B-cell must stand a prospective cure pro categories of diabetes mellitus. Contemporary spreads of islet

surrogate therapy and endogenous B-cell regeneration are apprehending a great deal of awareness pro producing endogenous B-cells<sup>[6]</sup>.

The accumulative global adverse effects of prolonged consumption of conventional medicines, natural and less interfering outcomes are gaining attractiveness for anticipation and as therapeutic hope<sup>[7]</sup> Herbal medicines with a long record of practice for DM are pondered to be safe for therapeutic applications<sup>[8]</sup>.

Various natural remedies have been demonstrated to be quite inexpensive, have few to no side effects, and to be helpful in controlling the aberration in carbohydrate metabolism, hence slowing the decline in the general health of those who are affected<sup>[9]</sup>.

A multiplicity of herbs besides medicinal plants with amalgams sterilized from them reassessed as an alternative healing of diabetes throughout the globe. To the same degree they possibly will specify a base of neoteric against -diabetic analogues through influential efficacy. They lacking the undisciplined side effects associated with conventional drug and high risk of consequent malfunction<sup>[10]</sup>.

*P. harmala* is a desolate growing blossoming plant, unearthed richly in Middle East plus North Africa. It is an adaptable medicinal seedling giving copious pharmacological activities attributed to the active alkaloids harmala<sup>[11]</sup>. The biochemical possessions of the unmitigated alkaloids extracated from *P. harmala* are registered concerning many studies, which exposed its safety and efficiency on regenerative remedy<sup>[12]</sup>. Consequently, harmala are an exploration motivation in the medical and pharmaceutical practices.

## MATERIAL AND METHODS

### Animals

The experiments were implemented upon thirty full-grown male rats' weighting 150 to 200 gm. Gotten from the animal experimental unit of the toxicology organization, Faculty of Veterinary Medicine, Moshtors, Benha University. They were lodged 3-5 rats each cage and preserved in a milieu with measured temperature about 25°C- 30°C, dampness (45-75%) likewise 12:12 h bright: dark phase. Each faunas were acclimatized for 1 week before permission of the experiment and nurtured advert libitium and held unrestricted approach to H<sub>2</sub>O. Entirely the ethical protocols pro animal medicine were monitored along with supervised thru the animal conveniences, Faculty of Medicine, Benha University (code RC.1.1.2023 [610]). Altogether animal experimentations gotten approbation from the Institutional Animal Ethics Committee.

### Chemicals

- Streptozotocin concentrate (Cat#18883-66-4) was achieved from Sigma-Aldrichchemical Co. (St. Louis, Mo, USA). The powder was stored by -21 °C, and the amount desired was dissolved in

0.1 mol/L citrate buffer, pH 4.5, instantaneously beforehand usage.

- Harmine (7-Methoxy-1-methyl-9H-pyrid3,4-] 5b] indole) powder concentrate was gained from Sigma (CAS No: 442-51-3). The powder was stored by -10 °C, and 100 mg desired was dissolved in 1 /Lit distilled water, instantaneously beforehand usage.

### Diabetes generation

To institute a no genetic rat model of type 2 diabetes mellitus (the fatty- nursed /STZ rat style) was applied matching to method by some authers<sup>[13]</sup>. The experimental animals were nurtured with a high-fatty diet (61% fat, 21% protein, and 21% carbohydrates) for 3 weeks, then injected by low dose STZ.

The weight of rats were plaid weekly confirming weight gain. Additionally, fasting blood glucose level was documented weekly. In pursuit of 3 weeks, the overnight fasted rats gotten a single intraperitoneal injection of freshly primed STZ (40 mg/kg) in citrate buffer (0.1 mm, pH = 4.5) (2 mL/kg). One week subsequently STZ injection, the fasting blood glucose reading was detailed in a tail-vein blood sample using an Accu-Chek Active glucometer (Roche Diagnostics, Monheim, Germany). The diabetic rats with fasting lifeblood glucose levels above average than 275 mg/dL were select.

### Experimental design

**Group I** (Control group: n=10):

Subdivided into:

- Ia (n=5): negative control: received basic diet only without any management.
- Ib (n=5): rats lived nourished with extreme fat diet then took a single intraperitoneal injection of citrate buffer (the medium of STZ).

**Group II** (Diabetic group: n=10):

After induction of diabetes as mentioned before and stayed without any other medications.

**Group III** (Diabetic + Harmine group: n=10): rats treated as group II and on day eight after DM induction, harmine was given in dose 6.5 mg/kg for 28 days per a gavage conduct<sup>[14]</sup>.

### Blood glucose measurements

Blood samples were elicited from all group weekly subsequent to STZ dose. A blood drop was grabbed from the tail vein after 18 h fasting, smeared to a test strip, and evaluated directly thru a blood glucose monitoring organization with a blood glucose monitoring device (Accu-Chcek Active, Rche Diagnostcs, Mannheim, Germany)<sup>[15]</sup>.

### Sampling

The anesthetized rats (by sodium pentobarbitone 30mg/

kg body weight) dissected, pancreatic tissues were excised for histological and Immunohistochemical assessments<sup>[16]</sup>.

### **Histological and Immunohistochemical study**

Applying standard paraffin processing techniques, pancreatic tissues were harvested, fixed in 10% neutral buffered formalin and managed<sup>[17]</sup>. The fixed sections were dehydrated in arising grades of alcohol, embedded in paraffin wax and partitioned per microtome. Five  $\mu$ m serial-step sections be situated in hematoxylin/ eosin (H&E) staining concurring to<sup>[18]</sup>. Briefly, the deparaffinized sections per xylol were, hydrate, stained in hematoxyline and eosin, subsequently, clearing by xylene and mounted onto glass slides pro histological examination.

### **Immunohistochemistry**

Immunohistochemical techniques, manipulating the peroxidase-labeled streptavidin-biotin procedure, parallel to protocols<sup>[19]</sup>.

- The rabbit monoclonal Insulin antibody (marker for B-cells detection) employed (Labvision Roche Corporation, Catalogue Number ab181547, Fremont, CAO, USA) was provided at a dilution of 0.5-1.0 g/mL.
- -The rabbit polyclonal caspase-3 antibodies [E83-77] (marker for apoptosis) utilized (Labvision Corporation, Catalogue Number ab208003, Fremont, CAO, USA) was afforded on a dilution of (1:100).
- The rabbit polyclonal Ki67 antibodies (marker for proliferation) (Lab Vision Neomarker, Catalogue Number RB-9043-R7, and USA).
- The rabbit monoclonal HSP70 antibodies (marker for heat shock protective protein) (Sannta Cruz Biotechnology) were prepared at a dilution of (1:100). (Lab Vision Neomarker, Catalogue Number Rc-8056-R8, USA).

The deparaffinized sections (by xylene), dunked in 3 percent hydrogen peroxide to extinguish endogenous peroxidase activity and microwaved in sodium citrate liquid (pH= 6.8) pro 16 min pro antigen retrieval. The pancreatic tissue portions were simmered with avidin-biotin peroxidase system. The primary antibodies subsisted and expended. At that point, the sections stayed with counter stained pro Meyer's Haematoxylin. Phosphate – buffered saline was used instead of the primary antibody in the negative control. The positive control of Insulin, caspase-3, Ki67 and HSP70 were of mouse pancreas, tonsil, lung carcinoma and cerebrum sections respectively.

### **Morphometric study**

Evaluation of the area % of anti-insulin and HSP70 immunostaining and the positively defiled cells of anti-caspase-3 and KI67 were computed. Handling seven slides (n=7) from each group, they were measured in 10 non-overlapping fields at  $\times 400$  magnification with Leica Qwinn 500C image analysis, computer organization

(Leica Microsystems Ltd., Cambridge, UK) at the Pathology Unit, Faculty of Medicine, Benha University.

### **Statistical study**

Statistical analysis was manipulating by SPSS statistical software, version 22 (SPSS Inc., Chicago, IL, USA) designed for Windows. Statistics be presented and analyzed by way of means  $\pm$  SD. Variances among continuous data existed analyzed via one-way ANOVA with post Hoc LSD test to compare between groups. *P* value  $< 0.01$  was pondered significant.

## **RESULTS**

### **Blood glucose results**

Fasting blood glucose (FBG) concentration increased significantly ( $P < 0.01$ ) succeeding STZ injection in group II compared with the control group thru the experiment. Rats in group III revealed a significant decrease ( $P < 0.01$ ) in FBG throughout the experiments compared with group II (Table 1).

### **Haematoxylin and Eosin (H&E) stained results**

**Control group I:** all the subgroups showed the normal histological structure. The islets of Langerhan appeared as regular, large, pale stained, well defined areas amongst the exocrine parenchyma. The islet comprised multiple cells arranged in anastomosing cords (Figure 1a).

**Diabetic group II:** The islets of Langerhan were seen distorted with irregular outlines. Majority of islet cells seemingly with pyknotic nuclei, congested capillaries in between and vacuolated cells (Figure 1b).

**Harmine group III:** The islets of Langerhan cells appeared as near normal with vesicular nuclei, some cells showed vacuolated cytoplasm (Figure 1c).

### **Anti-insulin Immunohistochemical results**

Langerhans islets of control group showed positive brownish, anti-insulin immune reaction (Figure 2a). Diabetic group showed a visible decrease in anti-insulin immunoreactivity in the islets compared to group I (Figure 2b). Contrariwise, Harmine group showed obvious increase in anti-insulin immune reaction compared to group II (Figure 2c).

### **Anti-caspase-3 Immunohistochemical results**

Langerhans islets of control group showed negative anti-caspase-3 immune reaction (Figure 3a). Diabetic group showed obvious strong brownish anti caspase-3 immunoreactive in the islets (Figure 3b). Contrariwise, Harmine group showed less anti caspase-3 immunoreactivity compared to group II (Figure 3c).

### **Anti-Ki67 Immunohistochemical results**

Control group showed strong positive brownish anti-Ki67 immune reaction of Langerhan islets cells. (Figure 4a). diabetic group showed a visible diminish in anti-Ki67 immunoreactive cells distributed in the islets compared

to group I (Figure 4b). Inversely, harmine group showed visible upsurge in anti-Ki67 immune reaction compared to group II (Figure 4c).

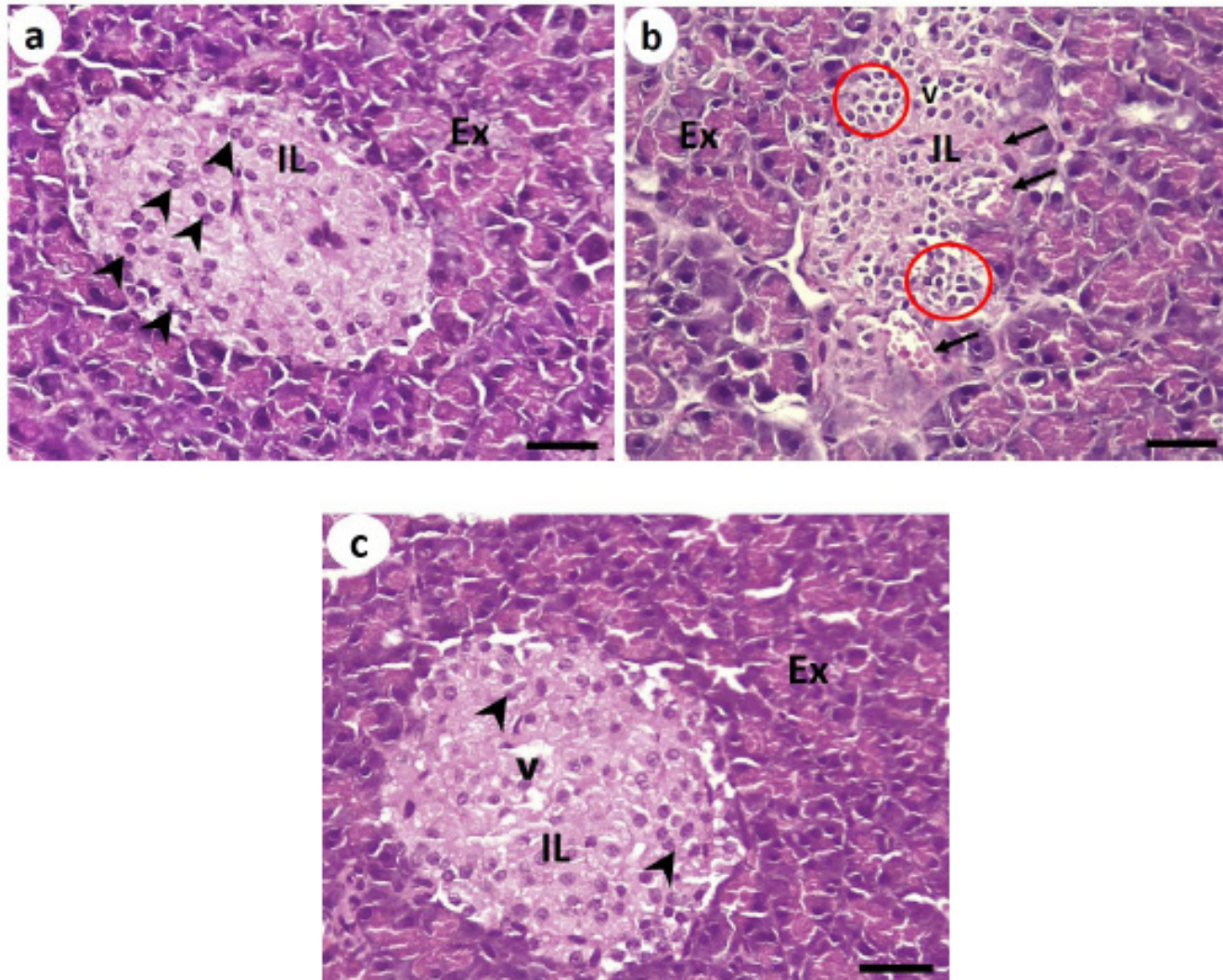
#### Anti-HSP70 Immunohistochemical results

Strong positive brownish anti-HSP70 immune reaction emerged in islets of Langerhan of control group (Figure 5a). Diabetic group showed a scanty anti-HSP70 immunoreactive cells dispensed in the islets compared to group I (Figure 5b). Contrariwise, Harmine group showed

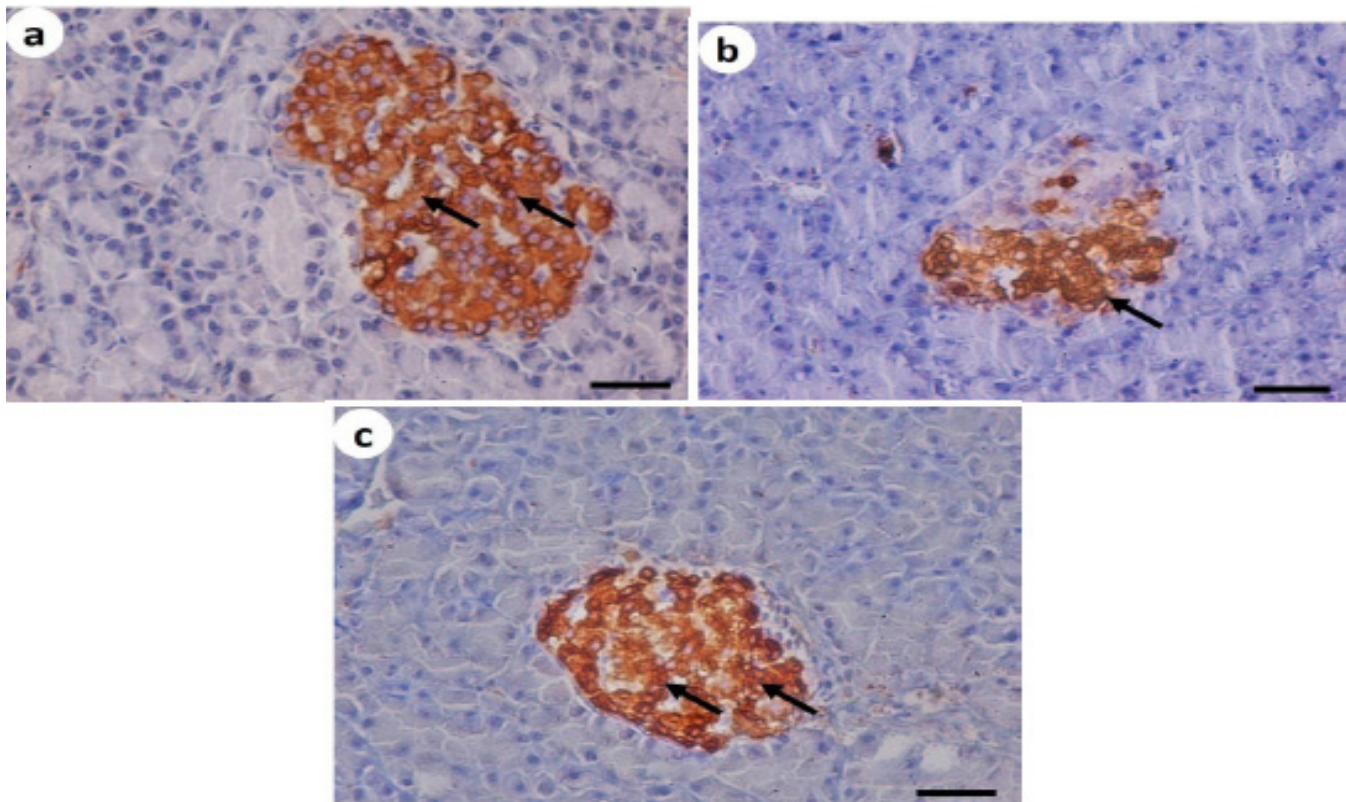
visible increase in anti-HSP70 immune reaction compared to group II (Figure 5c).

#### Morphometric and statistical results

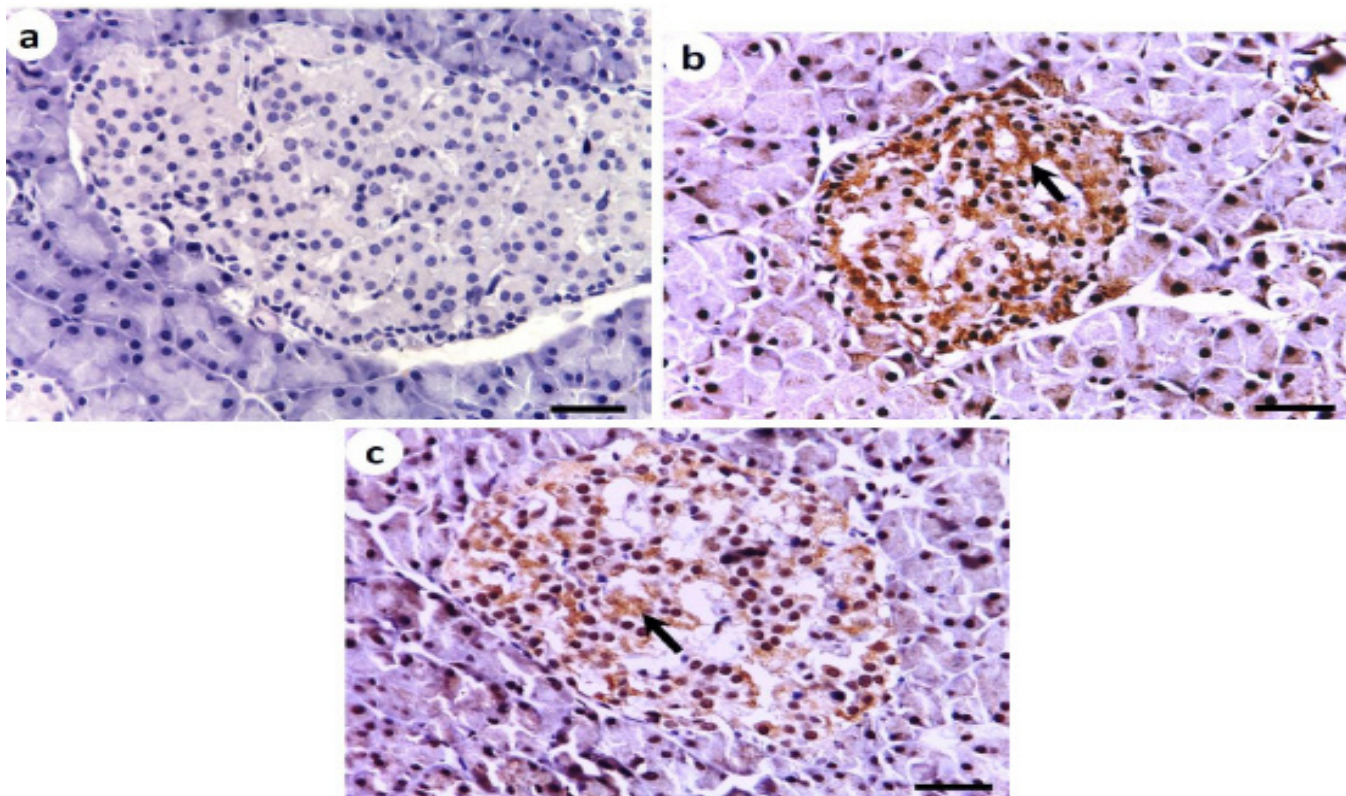
The mean  $\pm$  SD of area % pro anti-insulin and HSP70 and sum pro anti-caspase-3 and K167 immunostaining in all groups were represented in (Tables 2,3,4,5 and Histograms 1,2,3,4). There was significant ( $p>0.01$ ) increase in anti-insulin, Ki67 and HSP70 immunoreactivity and a significant ( $P<0.01$ ) decrease in anti-caspase-3 expression in groups III compared with group II.



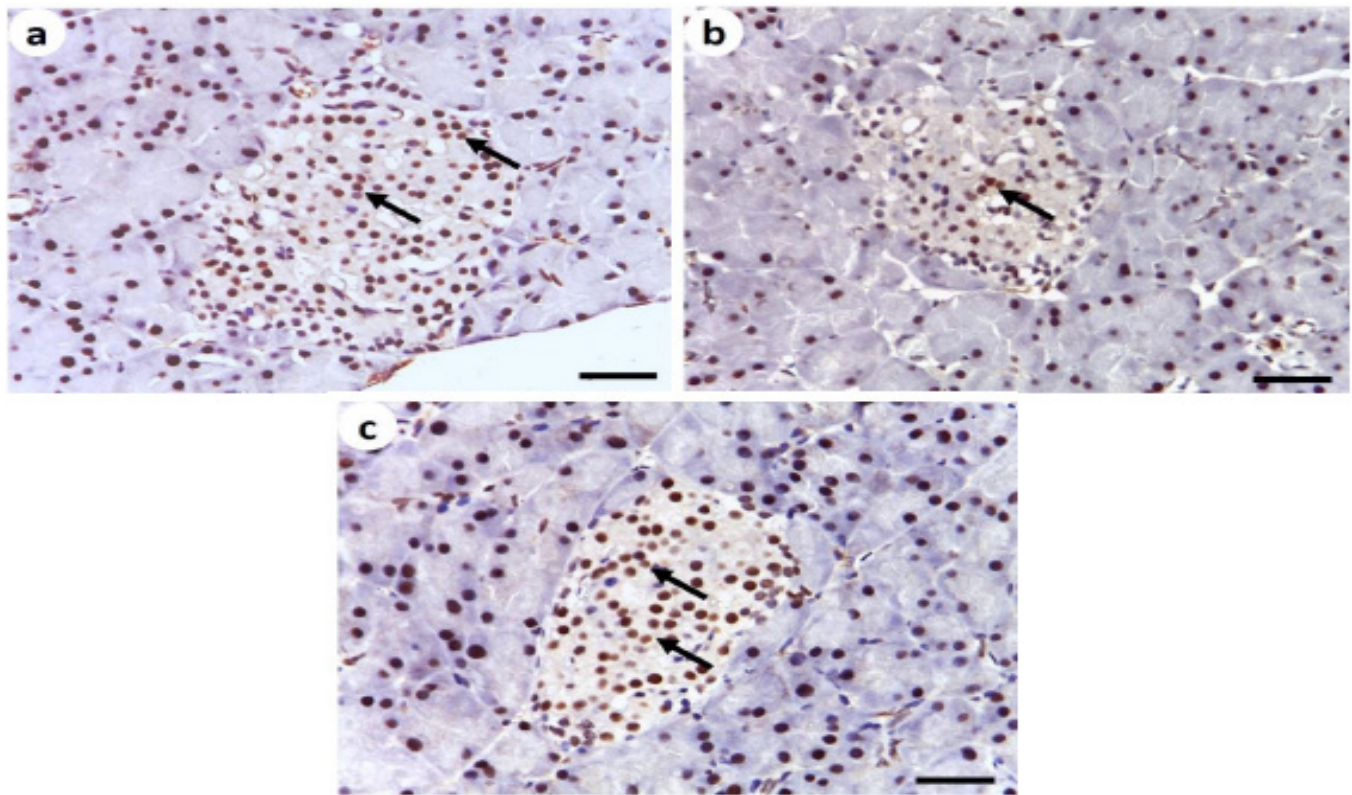
**Fig. 1:** A photomicrograph of H&E staining section of pancreatic islets showing (a) Group I: The islets of Langerhan (IL) exists as regular, huge, pale stained, well defined part amongst the exocrine parenchyma (Ex). The islet consists of various cells arranged in anastomosing cords (arrow heads). (b) Group II: The islet of Langerhans (IL) seemed distorted beside irregular outlines. Islet cells generally appears with pyknotic nuclei (circles) and vacuolated cytoplasm (v). Multiple congested capillaries placed inbetween (black arrows). (c) Group III: almost normal well defined islet of Langerhans (IL) bared cells located in the middle including vesicular nuclei (arrowheads), certain cells still illustrating vacuolated cytoplasm (v). (H&E, x 400, scale bare = 25  $\mu$ m)



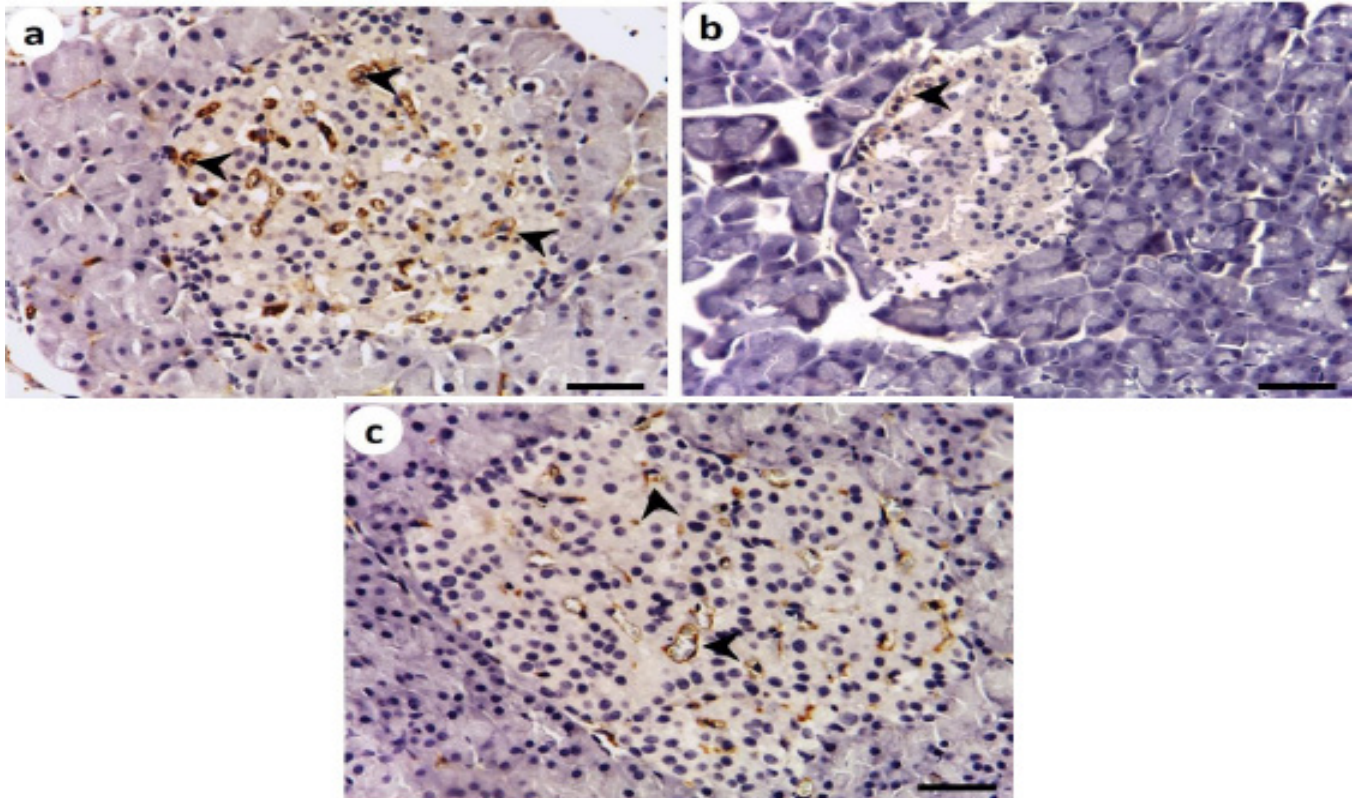
**Fig. 2:** A photomicrograph of sections in pancreas stained with anti-insulin antibody showing (a) Group I: strong positive immunoreactivity of insulin concerning beta cells (arrows). (b) Group II: less positive immunoreactivity of insulin concerning beta cells (arrows). (c) Group III: moderate positive immunoreactivity of insulin concerning beta cells (arrows). (Anti-insulin immunostaining x 400, scale bar = 25  $\mu$ m).



**Fig. 3:** photomicrographs of sections in pancreas of rats stained for anti-caspase 3 antibody showing (a) Group I: negative immunoreactivity of caspase-3 within pancreatic islet. (b) Group II: strong immunoreactivity of caspase-3 within pancreatic islet (arrow). (c) Group III: moderate immunoreactivity of caspase-3 within pancreatic islet (arrow). (Anti-caspase 3 immunostaining x 400, scale bar = 25  $\mu$ m).



**Fig. 4:** photomicrographs of sections in pancreas of rats stained with anti-Ki67 antibody showing (a) Group I: strong immunoreactivity of anti-Ki67 in pancreatic islet (arrows). (b) Group II: slight immunoreactivity of anti-Ki67 in pancreatic islet (arrow). (c) Group III: moderate immunoreactivity of anti-Ki67 in pancreatic islet (arrows). (Anti-Ki67 immunostaining x 400, scale bar = 25  $\mu$ m).



**Fig. 5:** photomicrographs of sections in pancreas of rats stained with anti-HSP70 antibody showing (a) Group I: strong immunoreactivity of HSP70 inside pancreatic islet (arrowheads). (b) Group II: scanty immunoreactivity of HSP70 inside pancreatic islet (arrowheads). (c) Group III: Moderate immunoreactivity HSP70 inside pancreatic islet (arrowheads). (Anti-HSP70 immunostaining x 400, scale bar = 25  $\mu$ m).

**Table 1:** Impact of streptozotocin and harmine on fasting blood glucose concentrations.

Gròups	1 week after STZ	2 weeks	3weeks	4weeks
Gròup I (control)	71.2 ± 2.7	62.4 ± 3.5	71.3 ± 2	68.4 ± 1.5
Gròup II (diabetic: STZ)	251.5 ± 11.9*	273.1 ± 11.1*	292.5 ± 1.1*	287.7 ± 1.3*
Gròup III (STZ + harmine)	166.5 ± 18.2*#	145.5 ± 12.2*#	130.9 ± 1.2*#	134.5 ± 18.2*#

Blood glucose levels were determined as designated in Methods and extracted as mean ± SD. \**P* < 0.01, compared to control group (group I); #*P* < 0.01, compared to diabetic group (group II).

**Table 2:** The mean area% and SD of positive immunoreactive reaction for anti-insulin in all groups.

	Gròup I	Gròup II	Gròup III	<i>P</i> -value
main	135.30	46.60	99.10	< 0.01
SD	0.4127	0.7570	0.1170	
Sig.	II, , III	I, ,III	I, , II	

**Table 3:** The mean sum and SD of positive immunoreactive cells for anti-caspase 3 in all groups.

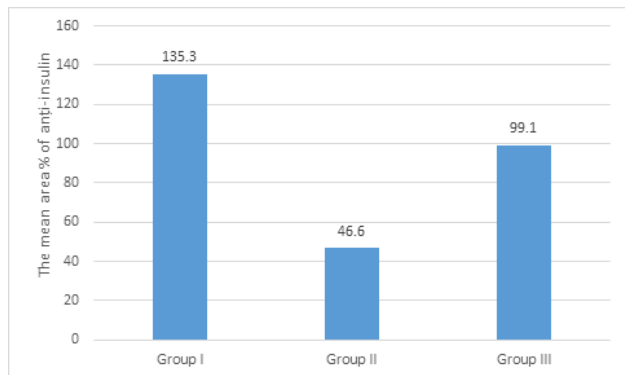
	Gròup I	Gròup II	Gròup III	<i>P</i> -value
main	0.18	37.24	18.71	< 0.01
SD	0.0598	1.6677	0.8675	
Sig.	II,,III	I, ,III	I, ,II	

**Table 4:** The mean sum and SD of positive immunoreactive cells for anti-Ki67 in all groups.

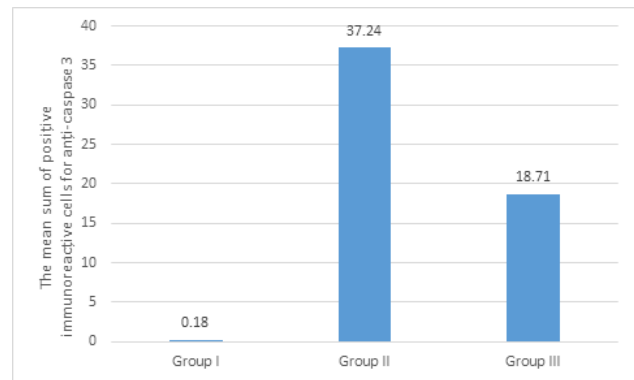
	Gròup I	Gròup II	Gròup III	<i>P</i> -value
main	89.22	23.70	65.10	< 0.01
SD	0.3512	2.9170	0.1216	
Sig.	II,, III	I, , III	I, ,II	

**Table 5:** The mean area% and SD of positive immunoreactive reaction for anti-HSP70 in all groups.

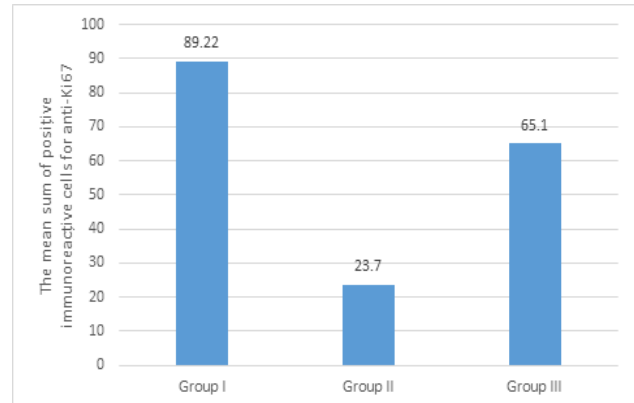
	Gròup I	Gròup II	Gròup III	<i>P</i> -value
main	67.20	12.60	46.10	< 0.01
SD	0.5116	0.8540	0.2811	
Sig.	II, ,III	I, ,III	I, ,II	



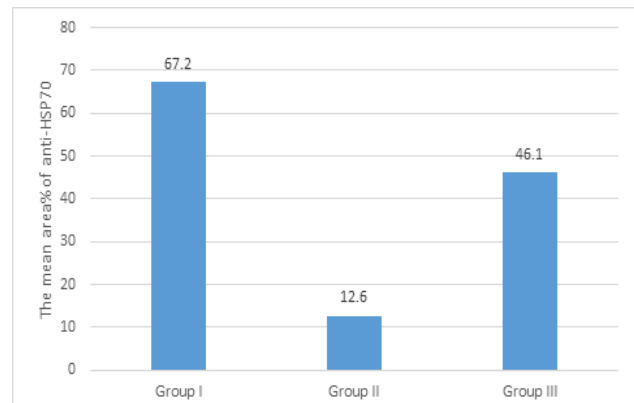
**Histogram 1:** The mean area % of positive anti-insulin immunoreactivity cells in discrete groups.



**Histogram 2:** The mean sum of positive immunoreactive cells for anti-caspase 3 in distinct groups



**Histogram 3:** The mean sum of positive anti-Ki67 immunoreactive cells in entirely groups



**Histogram 4:** The mean area % of positive anti-HSP70 immunoreactivity in entirely groups

## DISCUSSION

$\beta$ -cell increases their insulin production to compensate diminished insulin sensitivity in T2DM. Hyperinsulinemia be in the lead to oxidative stress, endoplasmic reticulum stress and deposition of reactive oxygen classes which in turn eradicate  $\beta$ -cell<sup>[20,21]</sup>. In T2DM, the consequence is enhanced apoptosis was initiated, accompanied by condensed  $\beta$ -cell replication<sup>[22]</sup>. On the other hand, regrettably, adult human  $\beta$ -cell has been exhibited to be extremely limited proliferation (~0.3% of  $\beta$ -cells/24 h) and poorly responsive to lots mitogens that induce expansion, including glucagon like peptide 1 (GLP-1) analogs, IGF-I, and hepatocyte growth factors<sup>[23]</sup>. Nowadays, the attendance is increasing trend of investigating natural bioactive amalgams targeting pancreatic  $\beta$ -cells aimed at the prevention-treatment of DM, with the exploration of plentiful mechanisms pro which  $\beta$ -cells involvement. Herbal prescriptions in DM are gaining attentiveness due to their multitasking ability and its safety<sup>[24]</sup>.

Pancreatic  $\beta$ -cell malfunction with abnormalities of the islets of Langerhan structure can be appraised by pancreatic histopathological examination or immunohistochemical assaying<sup>[25]</sup>.

Group II in this study disclosed marked islet histological distortion with demonstrated degeneration of islet's cells. The nuclei seemed pyknotic with cytoplasmic vacuolations. These outcomes were parallel to prior studies<sup>[26,27]</sup>.

With the intention of explain these results, some researchers<sup>[28]</sup> claimed that Oxidative stress develops in the STZ-induced diabetic rats so the free radicals creation velocity fire, thus rendering antioxidant defense systems inadequate. Also, others<sup>[29]</sup> explicated that tissue vacuolations is a structural indicator affecting the permeability of the membranes that leads to disturbance in the transport of water and electrolytes into the cell so cellular degeneration originate. The mean end is reduction in the islet bulk which was confirmed immunohistochemically thru significant increase ( $p<0.01$ ) in caspase-3 and significant reduction ( $p<0.01$ ) in insulin and Ki67 immunoeexpression.

Regarding to the congested blood capillaries that were extant in our research, previous author<sup>[30]</sup> validated that nitric oxide is an important molecule that implicates with sundry vascular functions. Diabetes provoked nitric oxide inactivation system directing to diabetic vascular dilatation and impediments.

The beta-cellular stress response is a self-protective mechanism that stabilizes environmental stresses and is mediated by a group of evolutionally conserved proteins, the heat shock proteins (HSPs)<sup>[31]</sup>. HSPs develop beneficial effects in preventing insulin resistance and hyperglycemia in T2DM<sup>[32]</sup>. But, several reports develop that in the presence of high concentrations of blood glucose, HSP70 is glycosylated and loses its chaperon activity.

So, in addition to reducing the expression of HSPs, glycosylation correspondingly lowers their activity, which is induced by changes in their structure<sup>[33]</sup>. All these conclusions explain the significant decrease ( $p<0.01$ ) in HSP70 in diabetic group of this experiment. Also, recent studies have shown that expression of HSPs is required to conserve the integrity of protein construction, so once HSPs levels reduced in the rat model of streptozotocin-induced diabetes, the onset of complications of diabetes may upshot<sup>[32]</sup> and aggravated inflammatory setting against  $\beta$ -cells leading to apoptosis<sup>[34]</sup>.

Regenerative medicine brings neoteric hope pro medical problems, such as cardiovascular disease, an autoimmune disease, diabetes, malignant tumors, and congenital genetic defects<sup>[11]</sup>. Since some beta cells remain in most people whichever type 1 or type 2 diabetes, the necessity to developing drugs proficient for beta cell replication stimulation, so beta cell mass could be restored<sup>[35]</sup>. Herbal medicines thru a long history of expenditure for DM are reflecting its safety for therapeutic applications<sup>[36]</sup>.

Subsequently to 4 weeks treatment with harmine in the present study, the pancreatic islet of diabetic rats exhibited a lesser amount of degenerative configuration, amplified islet mass plus less vacuolated cells. This was exemplified by statistically significant decrease ( $p<0.01$ ) in caspase-3 immunoeexpression, and significant increase of insulin, Ki67 and HSP70 ( $p<0.01$ ) compared with group II. Parallel to our outcomes, many authors<sup>[37,38]</sup> proved the proliferative capacity of harmala on pancreatic islets. Moreover, one research<sup>[4]</sup> found that harmine enhance expression of mRNA and protein levels that raises canonical markers of beta cell differentiation, and enhanced glucose metabolic rate by accelerated insulin secretion.

Also, some authors<sup>[39]</sup> claimed that Harmine increased rat islet cells proliferation by about 40%, indicating potential application for diabetic therapeutics. In terms of mechanisms, harmine promoted the proliferation of  $\beta$ -cells by up regulating the gene expression related to the cell cycle which confirmed in our study by initiation of islet cells proliferation (increased in Ki67 expression).

Some authors explained the antidiabetic effect of harmine, as they<sup>[40]</sup> suggested that the anti-diabetic effects of *P. harmala* seeds possibly related to its antioxidant properties and or enzymatic inhibition and or the agonist/antagonistic effect proceeding responsible receptors. They proposed that the hypoglycemia outcome of the hydroalcoholic seed isolate of *P. harmala* start from the augmented insulin secretion and enhanced proliferation of pancreatic beta cells in diabetic rats.

On the contrary to our results, others<sup>[41]</sup> claimed that the antidiabetic influence of harmala has been elucidated in preceding studies with lessened blood glucose level; in spite of this, the hypoglycemic effect was gone astray when expended at low dosages.



To fully comprehend the potential of harmine and supplementary proliferative agents to regenerate cells in diabetic patients, more research into human  $\beta$ -cell proliferation beneath stress patterns relevant for T1DM and T2DM and thru longer treatment intervals is expected.

## CONCLUSION

Our results concluded that harmine is competent to  $\beta$ -cell proliferation initiation, multiplicate islet reservoir and improve glycemic control. These observations suggest that harmine analogs possibly will have distinctive therapeutic promising for human diabetes therapy. Enhancing the potency and  $\beta$ -cell specificity of these compounds are principal future challenges.

## CONFLICT OF INTERESTS

There are no conflicts of interest.

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## الملخص العربي

## القدرة التجديدية المحتملة للهارمين على البنكرياس السكري المستحث تجريبياً بواسطة الستربتوزوتوسين في ذكور الجرذان البالغة

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**المقدمه:** من أهم قضايا الصحة العامة العالمية مرض السكري. ومن خلال إصلاح وظيفة الأنسجة الأصلية أو الحفاظ عليها أو زيادتها، يهدف الطب التجديدي إلى تقليل معاناة المرضى. نظراً لقدرتها على القيام بمهام متعددة، تكتسب الأدوية العشبية جاذبية في الطب التقليدي.

**الهدف من العمل:** دراسة القدرة التجديدية المحتملة للهارمين على البنكرياس المصاب بداء السكري والمحدث تجريبياً بواسطة الستربتوزوتوسين في ذكور الجرذان البالغة.

**المواد وطرق البحث:** ثلاثون من الفئران البيضاء البالغة مقسمة بالتساوي إلى ثلاث مجموعات. (المجموعه الأولى). مجموعة مرضى السكري (المجموعة الثانية): تمت تغذية الفئران بنظام غذائي مفرط الدهون قبل ثلاثة أسابيع من تناول جرعة داخل الغشاء البريتوني من STZ الطازجة (٤٠ مجم / كيلو). مرضى السكري + مجموعة الهارمين (المجموعة الثالثة): تم علاج الجرذان كما في المجموعة الثانية وفي اليوم الأول بعد ظهور مرض السكري، تم حقن الهارمين بجرعة ٦,٥ م/ك على مدار ٢٨ يوماً في نهج متزامن. تم إجراء أقسام البارافين من أجل الهيماتوكسولين والايوسين والدراسة المناعية الكيميائية.

**النتائج:** أظهرت الجزر البنكرياسية الموجودة في مجموعة مرضى السكري تشوهاً ملحوظاً جنباً إلى جنب مع الفجوات الخلوية والتاكل النووي. وبالتالي تم تأكيد ذلك من الناحية الكيميائية المناعية عن طريق زيادة كبيرة ( $p > 0.01$ ) في الكاسباز 3 وانخفاض كبير ( $p > 0.01$ ) في التعبير المناعي للأنسولين وKi67 وHSP70. أظهرت الجزر البنكرياسية لدى الجرذان المصابة بداء السكري، التي أعطيت الهارمين لمدة أربعة أسابيع، انخفاضاً في البنية التنكسية، وكتلة الجزر البنكرياسية، وعدد أقل من الخلايا المفرغة. كانت مؤشرات خلايا بيتا المناعية الكيميائية، مثل الانخفاض الكبير إحصائياً ( $p > 0.01$ ) في التعبير المناعي ل-caspase-3 والزيادة الكبيرة ( $p > 0.01$ ) في التعبير المناعي للأنسولين وKi67 وHSP70 مقارنةً بالمجموعة الثانية، بمثابة دليل على ذلك.

**الخلاصه:** هارمين هو محترف في تكاثر خلايا بيتا، وتوسيع بناء الجزيرة واستعادة فحص نسبة السكر في الدم. من المحتمل أن تتضمن هذه الاكتشافات التي تشير إلى أن منتجات هارمين التناظرية إمكانات علاجية فريدة لعلاج مرض السكري لدى الإنسان.